

Union Tandoori Grill

"A Healthy Indian Bite"

1599 Union Street, Schenectady, NY

PH: (518)-346-7447

Dine-in * Take-out * Catering
Mon - Sat 11am-9pm

Today's Special

Meal includes any two entrees plus Rice, Naan and Yogurt.

Entrees:

Non-Vegetarian

1. **Tandoori Chicken** (Boneless/Gluten Free)

Marinated in mild Indian spices and bbq'ed in the traditional clay oven.

2. **Chicken Tikka Masala** (Boneless/Gluten Free)

Pieces of chicken slow-cooked in mild Indian spices with a rich tomato and onion sauce.

Vegetarian

3. **Aloo** (Gluten Free /Vegan)

Potatoes cooked in mild Indian spices.

4. **Cabbage** (Gluten Free/Vegan)

Cabbage cooked in mild Indian spices.

5. **Mixed Vegetable Handi** (Gluten Free/Vegan)

Vegetables cooked in cream cashews and almonds with mild Indian spices.

\$ 6.99

- **Rice** (Gluten free basmati rice blended with mild Indian spices)

- **Naan** (No trans fat and 100% vegetarian and We serve with butter)

- **Yogurt** (Gluten Free, All natural made from whole milk with touch of mint, cucumbers, tomatoes and onions)

*Some of our entrees and sides are Gluten Free and Vegan.
Please ask for it so we can meet your dietary needs.*

Simple Bite

Dal Khana (Gluten Free/Vegan)

Lentil Soup with basmati Rice

\$ 3.99

Dal Roti (Gluten Free/Vegan)

Lentil Soup with Naan

\$ 3.99

Gyros

Tandoori Chicken Gyro

\$ 5.99

Hot Dog Gyro (Kids Special)

\$ 3.99

Misc

Samosa (Vegetarian/Vegan)

\$ 1.99

Crisp turnovers stuffed with potatoes, peas and mild spices.

Kheer (Vegetarian/Gluten Free)

\$ 2.99

Baklava

\$ 2.99

sweet pastry made of layers of filo filled with chopped walnuts.

Drinks

1. Water Bottle \$ 1.00

2. Soda Can \$ 1.00

3. Snapple \$ 1.75

4. Perrier Sparkling Mineral Water \$ 1.75

5. Lassi (Mango/Yogurt Drink) \$ 3.00

All Natural Yogurt with real mango pulp and touch of rose water.

Our Mission:

At Union Tandoori Grill, we strive to bring you the freshest ingredients and cook with recipes that are tasty and healthy for the body and soul for a reasonable price.